
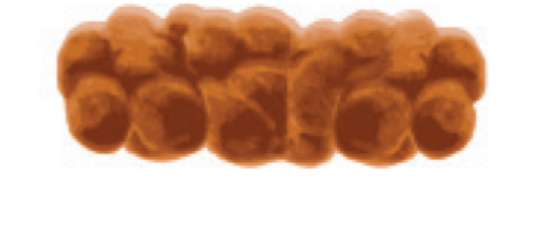







Bristol Stool Form Chart

The bristol stool form chart is a medical aid designed to classify the form of stool (poo) categories. there are seven types of stools:

Indicate constipation		TYPE 1 Separate hard lumps, like nuts (hard to pass)
		TYPE 2 Sausage-shaped but lumpy
Ideal stools as they are easier to pass		TYPE 3 Like a sausage, but with cracks on the surface
		TYPE 4 Like a sausage or snake, smooth and soft
May indicate diarrhoea and urgency		TYPE 5 Soft blobs with clear-cut edges
		TYPE 6 Fluffy pieces with ragged edges, a mushy stool
		TYPE 7 Watery, no solid pieces. Entirely liquid